

The Heroes Health Initiative: Sign-up Instructions for Test Users

Downloading the application

- Search “Heroes Health” in the Google Play store (Android users) or the App Store (iOS users).
- Finding our app:
 - Our logo is the pink and green heart-shaped flower on a white background.
 - The developer will be listed as The University of North Carolina at Chapel Hill.
 - For an example of what our app looks like in the App Store, see the attached screenshot.
- Download as usual.

Creating your account

- Upon downloading and opening the app, create an account by clicking the dark green "Sign In" button on the home screen.
- Next, click “New User? Sign Up” at the bottom of the sign-in screen. You can then create your account.
 - **Please enter a functioning email address, because the app will send you a verification code via email. You may need to check your spam or junk folder to find it.**
- Enter the verification code from your email into the app.
- You will then be asked to create the 4-digit passcode of your choice. iOS users will also have the option to enable Touch ID and/or Face Recognition.

Eligibility Survey and Consent/HIPAA Forms

- Complete the eligibility survey: respond “yes” to all three questions.
 - Question 1: Are you comfortable reading and writing in English? **Click yes.**
 - Question 2: Are you 18 years of age or older? **Click yes.**
 - Question 3: Do you currently work in a healthcare setting or as a first responder? **Click yes.**
- Press “Continue” after your eligibility is confirmed.
- Review the consent form and click agree.
- You will then be asked to enter your first and last names. **Please enter “Test User” as your name.** Click next.
- Use your finger to “sign” the consent box with your finger. Click next.
- You will then see a screen that says, “Thanks for providing consent for this Study,” click Done.

Welcome Survey

- Upon completing the eligibility survey and consent forms, you will automatically be brought to the “Activities” tab.

- Please select “Welcome Survey.” Respond to the first eight questions as follows:
 - Is it OK to confidentially share your individual responses with your designated organizational mental health worker? **Select “No”** and click the next button.
 - May we contact you in the future if there are other studies related to this Initiative? **Select “No”** and click the next button.
 - First name: **type “test”** and click the next button.
 - Last Name: **type “user”** and click the next button.
 - Work email address: **enter any functional email address** and click the next button.
 - Cell phone number: **enter 5555555555** and click the next button.
 - Which state do you work in? **Select any state** and click the next button.
- **For the next question, “What healthcare organization do you work for?”, it is absolutely imperative that you scroll to the very bottom and select “I am testing the app.” This is crucial so that we can easily differentiate between test data and the data of real app users.**
- You can then go through the remainder of the “Welcome Survey” and click around in the app as you wish. Any data that you enter will be shared with our team.

Thank you for your interest in the Heroes Health Initiative!